

### Syllabus Adjustments for class

Attendance is required for class. Class attendance will be adjusted as needed to meet special circumstances encountered. Special assignments may be used in order to accommodate these special circumstances. If you are sick or have ANY symptoms of being sick please contact me via email at [bbradshaw@southplainscollege.edu](mailto:bbradshaw@southplainscollege.edu) and arrangements will be made. Please do not come to class if you are showing any symptoms of being sick. I will work with you in order to keep you up with any work you may have missed. If you are placed in the hospital for any reason please inform me of your situation using my email address or have someone inform me if you are not able to yourself and we can adjust your class work to keep you up to date.

The semester is in your control by wearing your mask, social distancing and limiting the things you do at and outside of school. In order for us to return to some kind of normal it takes everyone doing their part and being responsible for their actions. Your actions or lack of actions can change everyone's future, so please think about what you are doing and be as safe as possible.

IF WE HAVE TO CLOSE FACE TO FACE CLASSES AND GO ONLINE ONLY BE PREPARED TO COMMUNICATE THROUGH YOUR SPC EMAIL ADDRESS.....

Stay in communication with me during the semester and we will forge through this together. You will be updated as needed if conditions change for our class. Watch your SPC email address for updates and notifications.

My cell number is 806-543-9277 if you need to call me for any reason...please call between 8am and 6pm.

### South Plains College Common Course Syllabus: Revised

**Department:** Kinesiology

**Discipline:** Physical Education

**Course Number:** KINE 1108

**Course Title:** Racquetball

**Available Formats:** Conventional

**Campuses:** Levelland

**Course Description:** This course is an introduction to rules, shots and strategies for singles, doubles and cut-throat. This course develops fundamental skills and techniques of court play for beginners. Participation by skill level assures vigorous activity for cardiovascular fitness.

**Prerequisite:** None

**Credit:** 1 **Lecture:** 0 **Lab:** 2

**Textbook:** None

**Supplies:** Athletic apparel, Racquet & Protective Eyewear/Goggles and non-marking athletic shoes.

**This course partially satisfies a Core Curriculum Requirement: No**

**Core Curriculum Objectives addressed: None**

**Student Learning Outcomes & Assessment**

The students will be able to recognize the origin and history of racquetball. Daily observation

The students will be able to recognize racquetball as a lifetime activity with fitness qualities. Daily observation

The student will demonstrate knowledge of the rules of singles, cut-throat, and doubles. Observation & Exam and play strategies

The student will develop skills on shots, serves and footwork necessary for participation. Daily observation

The student will demonstrate proper use of terms, etiquette, safety, and sportsmanship. Observation & exam

**Course Evaluation:** 60% ATTENDANCE / PARTICIPATION – 60PTS  
 20% SKILL & ETIQUETTE – 20PTS  
20% WRITTEN FINAL EXAM – 20PTS  
 100 % CLASS GRADE – 100PTS

A 90 – 100; B 80 – 89; C 70 – 79; D 60 – 69; F 59 – 0

**Attendance Policy:** See the South Plains College General Catalog for class attendance and excessive absences. An individual may be dropped on the 5<sup>th</sup> absence.

**Bart Bradshaw – TD 102- Office phone 806-716-2478**

**Cell phone 806-543-9277 Email [bbradshaw@southplainscollege.edu](mailto:bbradshaw@southplainscollege.edu)**

Racquetball Daily Activity List  
 KINE 1108  
 South Plains College

Day	Daily Activity
1	Check roll, Syllabus, Discuss class, Grading and Attendance
2	Recap Day 1, Tour facility, Introduce stretches, Issue lockers
3	Stretch, laps, explain court markings and hands on rules
4	Stretch, laps, explain racquet grips, follow through and wrist
5	Stretch, laps, serves, ball placement
6	Stretch, laps, serves, 2 on 2
7	Stretch, laps, serves, 2 on 2
8	Stretch, laps, serves, 2 on 2
9	Stretch, laps, serves, 2 on 2
10	Stretch, Laps, Singles Tournament
11	Stretch, Laps, Singles Tournament
12	Stretch, Laps, Singles Tournament

13	Stretch, Laps, Singles Tournament
14	Stretch, Laps, Singles Tournament
15	Stretch, Laps, Singles Tournament
16	Stretch, Laps, Singles Tournament
17	Stretch, Laps, Singles Tournament
18	Stretch, Laps, Singles Tournament
19	Stretch, Laps, Singles Tournament
20	Stretch, Laps, Singles Tournament
21	Stretch, Laps, Doubles Tournament
22	Stretch, Laps, Doubles Tournament
23	Stretch, Laps, Doubles Tournament
24	Stretch, Laps, Doubles Tournament
25	Stretch, Laps, Doubles Tournament
26	Stretch, Laps, Doubles Tournament
27	Stretch, Laps, Doubles Tournament
28	Stretch, Laps, Doubles Tournament
29	Stretch, Laps, Doubles Tournament
30	Stretch, Laps, Doubles Tournament
31	Play, Final Review
32	Final Exam

*[Students are expected to attend all classes in order to be successful in a course. The student may be administratively withdrawn from the course when absences become excessive as defined in the course syllabus.*

*When an unavoidable reason for class absence arises, such as illness, an official trip authorized by the college or an official activity, the instructor may permit the student to make up work missed. It is the student's responsibility to complete work missed within a reasonable period of time as determined by the instructor. Students are officially enrolled in all courses for which they pay tuition and fees at the time of registration. Should a student, for any reason, delay in reporting to a class after official enrollment, absences will be attributed to the student from the first class meeting.*

*It is the student's responsibility to verify administrative drops for excessive absences through MySPC using his or her student online account. If it is determined that a student is awarded financial aid for a class or classes in which the student never attended or participated, the financial aid award will be adjusted in accordance with the classes in which the student did attend/participate and the student will owe any balance resulting from the adjustment.]*

**Student Code of Conduct Policy: (REQUIRED)** Any successful learning experience requires mutual respect on the part of the student and the instructor. Neither instructor nor student should be subject to others' behavior that is rude, disruptive, intimidating, aggressive, or

demeaning. Student conduct that disrupts the learning process or is deemed disrespectful or threatening shall not be tolerated and may lead to disciplinary action and/or removal from class.

**Diversity Statement: (REQUIRED)** In this class, the teacher will establish and support an environment that values and nurtures individual and group differences and encourages engagement and interaction. Understanding and respecting multiple experiences and perspectives will serve to challenge and stimulate all of us to learn about others, about the larger world and about ourselves. By promoting diversity and intellectual exchange, we will not only mirror society as it is, but also model society as it should and can be.

**Disability Statement: (REQUIRED)** Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at Levelland (Student Health & Wellness Office) 806-716-2577, Reese Center (Building 8) 806-716-4675, or Plainview Center (Main Office) 806-716-4302 or 806-296-9611.

**Nondiscrimination Policy: (REQUIRED)** South Plains College does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Vice President for Student Affairs, South Plains College, 1401 College Avenue, Box 5, Levelland, TX 79336. Phone number 806-716-2360.

**Title IX Pregnancy Accommodations Statement (REQUIRED)** If you are pregnant, or have given birth within six months, Under Title IX you have a right to reasonable accommodations to help continue your education. To [activate](#) accommodations you must submit a Title IX pregnancy accommodations request, along with specific medical documentation, to the Director of Health and Wellness. Once approved, notification will be sent to the student and instructors. It is the student's responsibility to work with the instructor to arrange accommodations. Contact the Director of Health and Wellness at 806-716-2362 or [email cgilster@southplainscollege.edu](mailto:cgilster@southplainscollege.edu) for assistance.

**Campus Concealed Carry: (OPTIONAL)** Texas Senate Bill - 11 (Government Code 411.2031, et al.) authorizes the carrying of a concealed handgun in South Plains College buildings only by persons who have been issued and are in possession of a Texas License to Carry a Handgun. Qualified law enforcement officers or those who are otherwise authorized to carry a concealed handgun in the State of Texas are also permitted to do so. Pursuant to Penal Code (PC) 46.035 and South Plains College policy, license holders may not carry a concealed handgun in restricted locations. For a list of locations and Frequently Asked Questions, please refer to the Campus Carry page at: <http://www.southplainscollege.edu/campuscarry.php> Pursuant to PC 46.035, the open carrying of handguns is prohibited on all South Plains College campuses. Report violations to the College Police Department at 806-716-2396 or 9-1-1.

If you are experiencing any of the following symptoms, please do not attend class and either seek medical attention or test for COVID-19.

- Cough, shortness of breath, difficulty breathing
- Fever or chills
- Muscles or body aches
- Vomiting or diarrhea
- New loss of taste and smell

Please also notify DeEtte Edens, BSN, RN, Associate Director of Health & Wellness, at [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu) or 806-716-2376. Proof of a positive test is required. A home test is sufficient but students must submit a photo of the positive result. The date of test must be written on the test result and an ID included in the photo. If tested elsewhere (clinic, pharmacy, etc.), please submit a copy of the doctor's note or email notification. Results may be emailed to DeEtte Edens, BSN, RN at [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu).

A student is clear to return to class without further assessment from DeEtte Edens, BSN, RN if they have completed the 5-day isolation period, symptoms have improved, and they are without fever for 24 hours without the use of fever-reducing medication.

Students must communicate with DeEtte Edens, BSN, RN prior to their return date if still symptomatic at the end of the 5-day isolation.